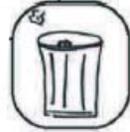
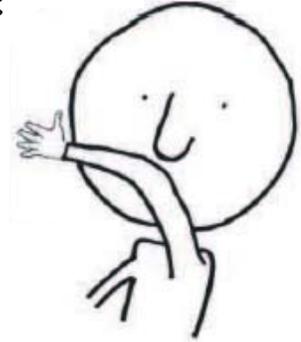


What To Do If You Cannot Get Flu Vaccine

Use (and teach your children)
respiratory etiquette:



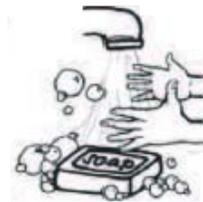
- ✓ Cover your cough or sneeze with a tissue or sleeve.



- ✓ Put your used tissue in the waste basket.



- ✓ Clean your hands after coughing or sneezing.



- ✓ Stay home from work or school if you are ill with respiratory symptoms or fever.

- ✓ If you are in a Flu Shot Priority Group*, call your health care provider and at least be put on a list for the flu vaccine when and if it becomes available.
- ✓ If you are 5-49 and otherwise healthy, ask your provider about the FluMist nasal vaccine, which is available in some places.

*Highest Priorities as of 12/11/03:
Persons over 64 years of age;
healthy children 6-23 months of age;
any person age 2 years and older with
chronic underlying conditions; pregnant
women beyond first trimester.



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